

<b>PHSE Year 3 Blue Class</b>	<p><b>Drug, alcohol and tobacco education:</b> Tobacco is a drug Pupils learn:</p> <ul style="list-style-type: none"> <li>- the definition of a drug and that drugs (including medicines) can be harmful to people</li> <li>- about the effects and risks of smoking tobacco and second-hand smoke</li> <li>- about the help available for people to remain smoke free or stop smoking</li> </ul>	<p><b>Keeping safe and managing risk:</b> Bullying – see it, say it, stop it. Pupils learn:</p> <ul style="list-style-type: none"> <li>- to recognise bullying and how it can make people feel</li> <li>- about different types of bullying and how to respond to incidents of bullying</li> <li>- about what to do if they witness bullying</li> </ul>	<p><b>Mental health and emotional wellbeing:</b> Strengths and challenges Pupils learn:</p> <ul style="list-style-type: none"> <li>- about celebrating achievements and setting personal goals</li> <li>- about dealing with put-downs</li> <li>- about positive ways to deal with set-backs</li> </ul>	<p><b>Identity, society and equality:</b> Celebrating difference Pupils learn:</p> <ul style="list-style-type: none"> <li>- Pupils learn about valuing the similarities and differences between themselves and others</li> <li>- Pupils learn about what is meant by community</li> <li>- Pupils learn about belonging to groups</li> </ul>	<p><b>Careers, financial capability and economic wellbeing:</b> Saving, spending and budgeting Pupils learn:</p> <ul style="list-style-type: none"> <li>- about what influences people’s choices about spending and saving money</li> <li>- how people can keep track of their money</li> <li>- about the world of work</li> </ul>	<p><b>Physical health and wellbeing:</b> What helps me choose? Pupils learn:</p> <ul style="list-style-type: none"> <li>- about making healthy choices about food and drinks</li> <li>- about how branding can affect what foods people choose to buy</li> <li>- about keeping active and some of the challenges of this</li> </ul>
<b>PHSE Year 4 Orange Class</b>	<p><b>Identity, society and equality:</b> Democracy Pupils learn:</p> <ul style="list-style-type: none"> <li>- about Britain as a democratic society</li> <li>- about how laws are made</li> <li>- learn about the local council</li> </ul>	<p><b>Drug, alcohol and tobacco education:</b> Making choices Pupils learn:</p> <ul style="list-style-type: none"> <li>- that there are drugs (other than medicines) that are common in everyday life, and why people choose to use them</li> <li>- about the effects and risks of drinking alcohol</li> <li>- about different patterns of behaviour that are related to drug use</li> </ul>	<p><b>Physical health and wellbeing:</b> What is important to me? Pupils learn:</p> <ul style="list-style-type: none"> <li>- why people may eat or avoid certain foods (religious, moral, cultural or health reasons)</li> <li>- about other factors that contribute to people’s food choices (such as ethical farming, fair trade and seasonality)</li> <li>- about the importance of getting enough sleep</li> </ul>	<p><b>Keeping safe and managing risk:</b> Playing safe Pupils learn:</p> <ul style="list-style-type: none"> <li>- how to be safe in their computer gaming habits</li> <li>- about keeping safe near roads, rail, water, building sites and around fireworks</li> <li>- about what to do in an emergency and basic emergency first aid procedure</li> </ul>	<p><b>Identity, society and equality:</b> Self Esteem Pupils learn:</p> <ul style="list-style-type: none"> <li>- about online safety, and positive body image.</li> <li>- that social media can influence how people see themselves</li> </ul>	<p><b>Careers, financial capability and economic wellbeing:</b> Borrowing and earning money Pupils learn:</p> <ul style="list-style-type: none"> <li>- that money can be borrowed but there are risks associated with this</li> <li>- about enterprise</li> <li>- what influences people’s decisions about careers</li> </ul>

<b>PHSE Year 5 Red Class</b>	<p><b>Physical health and wellbeing:</b> In the media Pupils learn:</p> <ul style="list-style-type: none"> <li>- that messages given on food adverts can be misleading</li> <li>- about role models</li> <li>- about how the media can manipulate images and that these images may not reflect reality</li> </ul>	<p><b>Identity, society and equality:</b> Stereotypes, discrimination and prejudice (including tackling homophobia) Pupils learn:</p> <ul style="list-style-type: none"> <li>- about stereotyping, including gender stereotyping</li> <li>- about prejudice and discrimination and how this can make people feel</li> </ul>	<p><b>Keeping safe and managing risk:</b> When things go wrong Pupils learn:</p> <ul style="list-style-type: none"> <li>- about keeping safe online</li> <li>- that violence within relationships is not acceptable</li> <li>- about problems that can occur when someone goes missing from home</li> </ul>	<p><b>Mental health and emotional wellbeing:</b> Dealing with feelings Pupils learn:</p> <ul style="list-style-type: none"> <li>- about a wide range of emotions and feelings and how these are experienced in the body</li> <li>- about times of change and how this can make people feel</li> <li>- about the feelings associated with loss, grief and bereavement</li> </ul>	<p><b>Sex and relationship education:</b> Growing up and changing Pupils learn:</p> <ul style="list-style-type: none"> <li>- about the way we grow and change throughout the human lifecycle</li> <li>- about the physical changes associated with puberty including menstruation</li> <li>- about the impact of puberty in physical hygiene and strategies for managing this</li> <li>- how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty</li> <li>- strategies to deal with feelings in the context of relationships</li> </ul>
<b>PHSE Year 6 Purple Class</b>	<p><b>Drug, alcohol and tobacco education:</b> Weighing up risk. Pupils learn:</p> <ul style="list-style-type: none"> <li>- about the risks associated with using different drugs, including tobacco and nicotine products, alcohol, solvents, medicines and other legal and illegal drugs</li> <li>- about assessing the level of risk in different situations involving drug use</li> <li>- about ways to manage risk</li> </ul>	<p><b>Identity, society and equality:</b> Human rights Pupils learn:</p> <ul style="list-style-type: none"> <li>- about people who have moved from other places, (including the experience of refugees)</li> <li>- about human rights and the UN Convention on the Rights of the Child</li> <li>- about homelessness</li> </ul>	<p><b>Mental health and emotional wellbeing:</b> Healthy minds Pupils learn:</p> <ul style="list-style-type: none"> <li>- what mental health is</li> <li>- about what can affect mental health and some ways of dealing with this</li> <li>- about some everyday ways to look after mental health</li> <li>- about the stigma and discrimination that can surround mental health</li> </ul>	<p><b>Keeping safe and managing risk:</b> Keeping safe - out and about Pupils learn:</p> <ul style="list-style-type: none"> <li>- about feelings of being out and about in the local area with increasing independence</li> <li>- about recognising and responding to peer pressure</li> <li>- about the consequences of anti-social behaviour (including gangs and gang related behaviour)</li> </ul>	<p><b>Sex and relationship education:</b> Healthy relationships Pupils learn:</p> <ul style="list-style-type: none"> <li>- to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact</li> <li>- what values are important to them in relationships</li> <li>- about roles and responsibilities of carers and parents</li> <li>- to answer each other's questions with confidence, where to find support and advice when they need it</li> </ul> <p>Transition to secondary school:</p> <p>Support pupils to make a good transition to secondary school – visits, meetings with secondary staff, pupil days, SEND days.</p>