



**Coplestone Primary School**  
**Key Stage 1 – PSHE/RSE**

<p><b>PHSE</b> <b>Year 1</b> <b>Green Class</b></p>	<p>Physical health and wellbeing: Fun times Pupils learn:</p> <ul style="list-style-type: none"> <li>- about food that is associated with special times, in different cultures</li> <li>- about active playground games from around the world</li> <li>- about sun-safety</li> </ul>	<p>Keeping safe and managing risk: Feeling safe Pupils learn:</p> <ul style="list-style-type: none"> <li>- safety in familiar situations</li> <li>- about personal safety</li> <li>- about people who help keep them safe outside the home</li> </ul>	<p>Identity, society and equality: Me and others Pupils learn:</p> <ul style="list-style-type: none"> <li>- about what makes themselves and others special</li> <li>- about roles and responsibilities at home and school</li> <li>- about being co-operative with others</li> </ul>	<p>Drug, alcohol and tobacco education: What do we put into and on to bodies? Pupils learn:</p> <ul style="list-style-type: none"> <li>- about what can go into bodies and how it can make people feel</li> <li>- about what can go on to bodies and how it can make people feel</li> </ul>	<p>Mental health and emotional wellbeing: Feelings Pupils learn:</p> <ul style="list-style-type: none"> <li>- about different types of feelings</li> <li>- about managing different feelings</li> <li>- about change or loss and how this can feel</li> </ul>	<p>Careers, financial capability and economic wellbeing: My money Pupils learn:</p> <ul style="list-style-type: none"> <li>- about where money comes from and making choices when spending money</li> <li>- about saving money and how to keep it safe</li> <li>- about the different jobs people do</li> </ul>
<p><b>PHSE</b> <b>Year 2</b> <b>Yellow Class</b></p>	<p>Physical health and wellbeing: What keeps me healthy? Pupils learn:</p> <ul style="list-style-type: none"> <li>- about eating well</li> <li>- about the importance of physical activity, sleep and rest</li> <li>- about people who help us to stay healthy and well and about basic health and hygiene routines</li> </ul>	<p>Mental health and emotional wellbeing: Friendship Pupils learn:</p> <ul style="list-style-type: none"> <li>- about the importance of special people in their lives</li> <li>- about making friends and who can help with friendships</li> <li>- about solving problems that might arise with friendships</li> </ul>	<p>Sex and relationship education: Boys and girls, families Pupils learn:</p> <ul style="list-style-type: none"> <li>-to understand and respect the differences and similarities between people</li> <li>-about the biological differences between male and female animals and their role in the life cycle</li> <li>-the biological differences between male and female children</li> <li>-about growing from young to old and that they are growing and changing</li> <li>-that everybody needs to be cared for and ways in which they care for others</li> <li>-about different types of family and how their home-life is special</li> </ul>	<p>Keeping safe and managing risk: Indoors and outdoors Pupils learn:</p> <ul style="list-style-type: none"> <li>- about keeping safe in the home, including fire safety</li> <li>- about keeping safe outside</li> <li>- about road safety</li> </ul>	<p>Drug, alcohol and tobacco education: Medicines and me Pupils learn:</p> <ul style="list-style-type: none"> <li>- why medicines are taken</li> <li>- where medicines come from</li> <li>- about keeping themselves safe around medicines</li> </ul>	

